

Julia Sophia Mai

Actress

ADDRESS On request

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Personal

BORN 1993

NATIONALITY German

HEIGHT 168 cm / 5'6

HAIR Blond

EYES Blue - green - grey

FIGURE Slim

ETHNICAL TYPES Central European, Scandinavian

VOICE Mezzosoprano

ACTING AGE 25 - 35

LANGUAGES German (N), English (fluent), Spanish (good), French (B)



Special Skills

DANCE Ballet, Jazz/ Modern, Dancehall, Ballroom, Latin, Musical (GK), Tap Dance (B), Zumba

SPORTS Fitness/ Freeletics, Yoga, Pilates, Swimming

INSTRUMENTS Classical Piano (B)

OTHER Singing (Pop, Event), Painting, Writing, Unicycle, Cooking

DRIVER'S LICENSE Yes

Education

2019 Scene Study & Movement - Rob Liethoff

2019 Dynamic Breathwork by Jesse Torgerson - Studio André Bolouri / Actors Space Berlin

2018 - 2019 One Year Program - Studio André Bolouri / Actors Space Berlin

2018 Meisner based Camera Acting Training - Studio André Bolouri / Actors Space Berlin

2018 Sanford Meisner Acting Training - Peter M. Mustafa

2016 Acting For Film - New York Film Academy Los Angeles

2012 - 2014 Stage School Hamburg

2011 Graduation (Abitur) - Große Schule Wolfenbüttel

2007 - 2012 Vocal Coaching - Carsten Siebert

2002 - 2009 Classical Ballet Training - Ballettschule Eve von Sassen

2000 - 2002 Classical Ballet Training - Jazz - Ballett - Steppdance Studio Alexander Walewski

Film / Television (Selection)

2023	Princess Lead (Zo)	Short Film Director: Michelle Karaivanov
2020	Ku'damm 63 Dancer	TV Film, ZDF Director: Sabine Bernadi UFA Fiction
2019	Letzte Spur Berlin Supporting	TV Series, ZDF Directors: Marcus Weiler, Käthe Niemeyer Novafilm Fernsehproduktion GmbH
2017	The Little Truth Lead (Julia)	Short Film Director: Stefan Mandachi
2016	Trap Lead	NYFA Film Director: Michael Oppliger
	Dead Head Supporting	NYFA Film Director: Jonas Gaida

Theatre (Selection)

2019	Barefoot in the Park Corie	Studio AB / Actors Space Berlin
2016	Crimes of the Heart Lenny	New York Film Academy
2014	Push Up Angelika	Stage School Hamburg
2013	Fünf im gleichen Kleid Trisha	Stage School Hamburg
2006	Das Mädchen mit den Schwefelhölzern Ida (Lead)	Lessing Theater Wolfenbüttel
2005	Die Puppenfee Die Puppenfee (Lead)	Schloss Wolfenbüttel